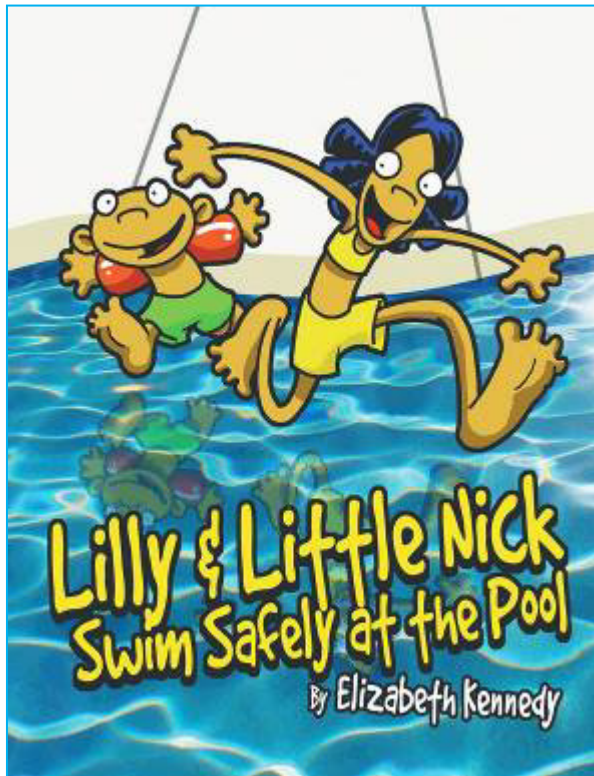


## **FOR IMMEDIATE RELEASE**



### **Things You Need to Know to Get in the Swim! Before You Jump In, Read This!**

This engaging, rhyming children's book includes a delightful story that emphasizes safety, a friendly guide for parents, as well as interactive activity pages to reinforce swimming pool safety.

Author Elizabeth Kennedy wrote the book because as a swimming instructor, she hears about horrific tales of drownings or near drownings involving small children that should have been avoided. She wants to introduce children to basic, easy-to-remember tips, and to characters that will help them remember water safety, while also developing a healthy respect of water. "When it was finished, I was extremely excited that I have a way to help families, and

this simple story and information will truly help young children everywhere," she says.

In the story, Lilly accompanies her mother and younger brother, Little Nick, to the swimming pool on a hot summer day. But before the fun can begin, Lilly and her brother must learn the rules of the pool, because swimming is a lot more fun when everyone is safe. Everybody in the pool!

***LILLY AND LITTLE NICK SWIM SAFELY AT THE POOL (ISBN: 978-1-61204-818-5) is now available for \$13.95 and can be ordered through the publisher's website:***  
<http://sbprabooks.com/ElizabethKennedy> or at [www.amazon.com](http://www.amazon.com) or [www.barnesandnoble.com](http://www.barnesandnoble.com).

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**About the Author:** Elizabeth Kennedy grew up in Severn, Maryland, a suburb of Baltimore, and in Washington, D.C. She teaches reading – English/language arts in Prince George's County, Maryland, and teaches swimming to all ages.

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