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## **PRESS RELEASE WITH VIDEO TRAILER EMBEDDED**

### **How to ‘Heal America’ and Improve the U.S. Health Care System**

**Heal America  
Heal Yourself  
by Correcting Your Habits**

Guidance for Preventing and Reversing  
Various Kinds of Diseases

PPO  
HMO  
Medicare

↓

**National Health Insurance?**

Illustrations by Eileen Chen  
<http://elct-media.com>

**Michelle Moore**

Isn't it time that America cleaned up its act on health care?

Originally from Asia, author Michelle Moore writes from a perspective that can clearly see the major differences in the U.S. health insurance system and the medical costs that are considered excessive and frequently difficult to access. She notes that the Happy Planet index about happiness worldwide implies there are major problems in the U.S. (See ([www.ahappyplanet.com](http://www.ahappyplanet.com).)

In *Heal America, Heal Yourself*, the author focuses on personal habits and the American health care system, what can be done about it, and how to secure personal good health through actions and proactive care. There also needs to be a better health insurance system.

Topics include pandemic medical crises worldwide, which include the rapid increase of cancer, thyroid conditions, diabetes, and other infectious diseases such as tuberculosis. The

author points out how to prevent and sometimes even reverse these conditions.

“We are pleased to announce this important and far-reaching book on the American health care system,” said Robert Fletcher, CEO of Strategic Book Publishing and Rights Agency.

***HEAL AMERICA, HEAL YOURSELF BY CORRECTING YOUR HABITS: GUIDANCE FOR PREVENTING AND REVERSING VARIOUS KINDS OF DISEASES*** (ISBN: 978-1-62516-941-9) is now available for \$13.95 and can be ordered through the publisher's website:

<http://sbprabooks.com/MichelleMoore> or at [www.amazon.com](http://www.amazon.com) or [www.barnesandnoble.com](http://www.barnesandnoble.com).

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