

FOR IMMEDIATE RELEASE

Journey to Recovery

Journey to Recovery is a composite of individuals who are real and alive after years of struggling with addiction and attempts at recovery programs. Their stories range from getting sanctioned substance abuse services to a system of treatment where managed care does not interfere with treatment outcomes.

The book is about real people who are on a journey of self-discovery, insight, and forgiveness. And it tells miracle accounts of what happened to several along their own path of discovery.

Journey to Recovery looks at issues pertinent to the field of helping those with substance use disorders. It helps the current professional or lay person reflect on life challenges and how we handle our lives.

This is a must read for everyone in the field of helping addicts and their family members. Readers will want to keep this book or pass it on to help others. Isn't it time you began a *Journey to Recovery*?

About the Author

Robert A. Hayes, CADC, is a college professor who teaches addictions studies courses. He is also a consultant to the State of Idaho Department of Health & Welfare in Lewiston, Idaho. "I have watched for twenty-five years the evolution of our profession go from one extreme to the next. I just wanted to recount my own professional and personal experiences."

***Journey to Recovery* (ISBN: 978-1-62857-330-5) is now available for \$14.50 and can be ordered through the publisher's website:**
<http://sbprabooks.com/RobertAHayes/> or at www.amazon.com or www.barnesandnoble.com.

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