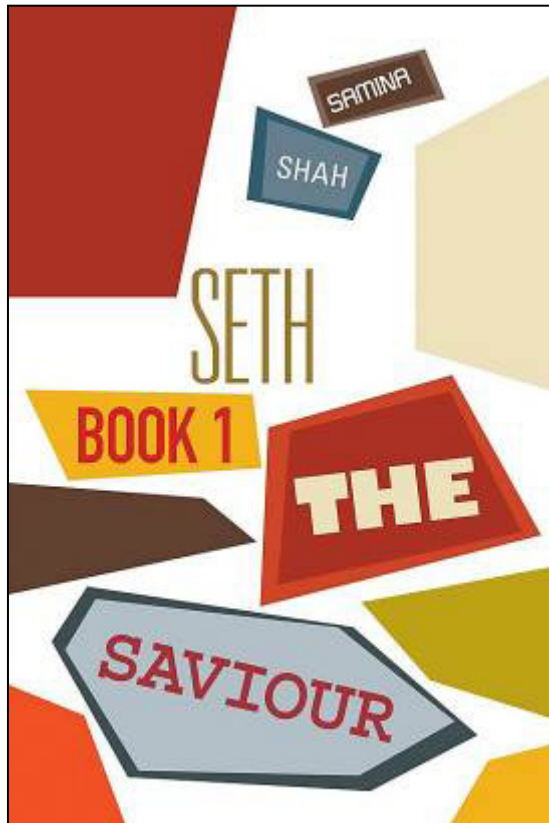


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FOR IMMEDIATE RELEASE

Young Boy Struggles With Depression in Realistic Novel



“This book offers an insightful look into the mind of a depressed child. Although it’s a novel, it explores important mental health issues that need to be addressed. We are thrilled to announce its release,” said Robert Fletcher, CEO of Strategic Book Publishing and Rights Agency.

Treating mental health issues is difficult enough for adults, but for children, it can be terrifying. *Seth the Saviour: Book 1* is the story of an 11-year-old boy who experiences hallucinations. Before telling anyone, Seth struggles to understand it better himself, so he can describe it to others.

As he tries to determine what’s real and what’s fantasy, his strong bond with his family helps him through his journey. His mother Tina is a loving, protective parent who is prepared to mount the challenges and fight the lonely battle to get her son treatment.

The book describes the many hurdles and stigmas they go through to acknowledge Seth’s condition

and get him help. The story is fiction, but it’s very relevant to the real-life struggles that families face every day.

***SETH THE SAVIOUR: BOOK 1* (ISBN: 978-1-63135-108-2) is now available for \$12.50 and can be ordered through the publisher’s website:**

<http://sbprabooks.com/SaminaShah> or at www.amazon.com or www.barnesandnoble.com.

WHOLESALESALE: This book is distributed by Ingram Books and other wholesale distributors. Contact your representative with the ISBN for purchase. Wholesale purchase for retailers, universities, libraries, and other organizations is also available through the publisher; please email bookorder@sbpra.net

About the Author: Samina Shah is a science teacher in Birmingham, England. This is her first novel. “In my experiences as a teacher, I came across a lot of the issues that I have raised in *Seth*

the Saviour, and I have seen firsthand the damage that it can do to the families and the youngsters involved.”

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