## FOR IMMEDIATE RELEASE

Tanya Rence Thomas-Greig Food for a Relievers Inspirational Words from a Dynamic Disciple

## **Rejoice in the Power of Poetry to Soothe and Feed Our Souls**

Tanya Renee Thomas-Greig wrote the poetry in this book after falling ill while pregnant and fearing she would lose the baby. While battling insomnia, the poems just kept coming. "Every thought and fear had a poem to go with it. I could not have slept until these poems were written."

She believes that "God allowed me to experience these storms to strengthen me. I do not know what storms lie ahead of me, but I am sure that God will be walking with me, and if I get too tired, will carry me. Thank you, Lord, for my storms."

In bad times and in good, poetry has the power to uplift our spirit. If you have faced life's storms and have found words to be soothing, *Food for a Believer's Soul* will feed your spirit and ease your fears. The storms of life are critical to our development

as a dynamic disciple of God. Without these storms, this book would not have been possible.

## FOOD FOR A BELIEVER'S SOUL: INSPIRATIONAL WORDS FROM A DYNAMIC DISCIPLE (ISBN: 978-1-62516-839-9) is now available for \$10.95 and can be ordered through the publisher's website:

http://sbprabooks.com/TanyaReneeThomasGreig or at www.amazon.com or www.barnesandnoble.com.

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**About the Author:** Tanya Renee Thomas-Greig was born in Clarendon, Jamaica, and emigrated to Trinidad and Tobago in 1990. This is her first book. She plans to write an autobiography to tell of all the storms she has weathered.



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